### Natural Connections Academy, Inc.

5827 W. Conkling Rd. Worley, ID 83876

Phone:208-428-6224 (NCAI) Email: info@,naturalconnectionsacademy.net Website: naturalconnectionsacademy.net

### We are on the Web! www.naturalconnectionsacademy.net



Natural Connections Academy, Inc. (NCA) is a private, nonprofit outdoor school. We provide a nature-based educational experience for students in 3rd through 5th grades in Kootenai, Benewah, and Spokane Counties.

In order to learn about their world, students are immersed in the natural environment through their own inquiries and wonder. Students solve real-world problems through hands-on learning opportunities. The goal is to reconnect students with nature so that they can be good stewards of their local environment.

Natural Connections Academy, Inc. (NCA) mission is to connect children's learning to the environment. Building connections between nature and academics, we want students to learn responsibility, accountability, and ownership of their education. Through these connections, they will solidify their role in their local communities and become environmentally focused leaders.

Social Media Manager

# Volunteer Opportunities

As our school grows, we will be looking for volunteers to assist us in various areas.

If you are interested in helping, please call 208-428-6224

- Trail Preparation
- Curriculum Creation
- Sign Creation

- Office Manager (July)
- Grant Writing
- Camp Aid (July)

Other ways to help:

### We are searching for:

- large rounds of wood to create desks in our outdoor learning area. Rounds need to be 2' high with a diameter of 20".
- Bird bath, bird feeders

- Square patio stones (100)
- Fold up tables (2)
- Chairs



### Volume 1, Issue 4

### **Our Educational** Partners:

- Birds of Prey Northwest
- Stimson Lumber
- Idaho Forest Products Commission
- Project Learning Tree Idaho
- Idaho Rangeland **Resource Commission**
- Kootenai Shoshone Soil & Water Conservation District
- Coeur D'Alene Tribe Dept. of Education
- Project WET
- IDAH<sub>2</sub>O
- Kootenai County Noxious Weed Dept.



Amount needed to provide the education to students as envisioned:



# Updates and News:

There was a lot going on in donated material that will June! To raise awareness serve as a barrier on the reabout Natural Connections maining 1/4. Our volunteers Academy and what we are developed a retaining fence trying to accomplish, we have around a drainage ditch next been attending a number of to the trail, brought a wooden but has not resulted in any different events. We have bridge (for crossing the culparticipated in the St. Maries verts), and built a bench for Farmers Market, the St. Marthe private acreage's learning ies Summer Sunset Concert area. Pavilion construction Series, and the Community continues, and the roof is Festival held by the North now being added. Placement Idaho Sports Commission of the garage door / windows which took place during the will come next. Our shuttle Ironman Competition in has been equipped with a Coeur D'Alene. Our booth white board, which will funcincluded newsletters, brotion as both a teaching station chures, camp pamphlets, and and a backdrop for the projector which has been mount- lum resources. examples of curriculum materials. Additionally, we had a ed on the ceiling. children's activity that includ-Grants and enrollment reed making a pinecone bird feeder and a water cycle main NCA's top priorities. bracelet. We accepted dona-Our roster currently has one tions and distributed free student for the upcoming donated cookies from Krafty school year and one for our Forest Camp. Unfortunately, Kookies 406. we will need to cancel the Work on the trail, pavilion, camp if we cannot secure 4 and shuttle has been ongoing. more students. Our fingers are crossed, and we are work-Mulch is covering 3/4 of the trail on the private acreage, ing hard

and we are waiting to procure

to inform people that we are enrolling students. Our digital marketing campaign with KHQ out of Spokane has increased traffic to our website enrollment inquiries yet.

The curriculum remains an important focus of the outdoor educator's time - making sure that pupils receive the correct instruction in science, mathematics, and reading. We acquired a watershed / water testing kit this month, as well as books about trees, Leave No Trace, and other curricu-

The IRS has now certified us as a 501(c)(3) organization! Woo hoo! As a result, we have additional opportunities, including tax reductions, grant opportunities, and volunteer opportunities. Furthermore, we are pleased to have received Kootenai Electric's Round Up Grant, which will help us purchase books for independent reading and curriculum supplements.

> We are excited for the future and hope that we can attract more students to learn with us, outdoors.

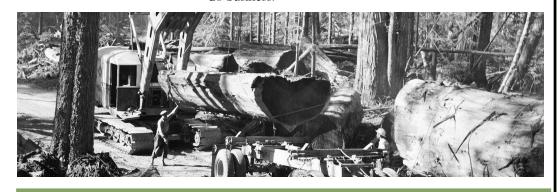
**Enrollment OPEN! Limited Spaces** 

# Educational Partner Spotlight : Stimson Lumber A TRADITION OF QUALITY

Stimson Lumber's story began more than 160 years ago, when a young T.D. Stimson felled his first tree. Through hard work, persistence and fortitude, T.D. and six generations of his family succeeded in building one of the oldest, continuously operating integrated wood products companies in the United States.

Today, Stimson Lumber Company stretches across Oregon, Idaho and Montana. They employ more than 650 people; operate seven mills in Oregon and Idaho; and own and sustainably manage over 500,000 acres of forest land in the western United States. Stimson Lumber is proud to be active partners in the communities where we live and do business.

At Stimson, they believe in being a good partner and neighbor in the communities where we live and work. As a company — and as employees - they are proud to actively contribute to our communities. They donate their time and resources, open their land for recreation, and serve as a valued partner to businesses and residents.



## The Pavilion..

We will be using several different locations for our field experience that will take place each day. One such place is a 5 acre piece of private land located in Worley.

The owners of the property are currently working to build a pavilion that Natural Connections Academy will be using as a shelter and work area while out exploring the various sites.

The pavilion will have the capabilities to be heated and will have electricity. We are excited to see the progress!



# Six Ways Nature Helps Children Learn BY MING KUO

JUNE 7, 2019

Volume 1, Issue 4

Continued from last month....

# Time outdoors may increase physical fitness

While physical fitness is important for children for many reasons, one that may not immediately come to mind is the role it plays in learning. In particular,

cardiorespiratory fitness seems to support efficient cognitive processing, and kids with higher fitness levels do better academically. Though it's not clear that nature affects physical fitness directly, it is true that the more time kids spend in nature, the better their cardiorespiratory fitness. Having access to nature may encourage children to be more physically active and keep in shape longer as they age.

More next month

# From the Board of Directors ...

outside as a youngster. When I was between 5 and 7, after our family's evening meal, my brothers and I would join the other children in our neighborhood at a vacant lot, with many tall weeds and grasses, and spend the early evening chasing fireflies, scooping them up in glass jars with metal lids, running and playing with our friends. We learned about insects, indigenous grasses and flowers, trees and their leaves, and made our own paths and forts to explore and share. We stayed until nightfall and my mom would call us home to go to bed, ringing a bell from my grandmother's farm. As a pre-teen, my family took weekend trips to various

I learned about the joy of being State Parks in Illinois and Indiana. Starved Rock was always a favorite, where we would hike, rock climb, and search for Indian arrowheads at the edges of the creeks and streams. This provided the excitement of finding something rich in historical significance, and a learning opportunity from our dad about what it meant.

> As a 40+ year old, my husband introduced me to Montana, and the cabin that we now consider home in the Flathead Valley. We hike in Glacier National Park and the Flathead National Forest, pick wild strawberries and huckleberries in the summer, marvel at the changing colors of the Larch

### **Shout Out and Thank You!**

Thanks to Krafty Kookies 406 for donating cookies to be given away at local events we are attending!

We are excited to have received the Round Up Grant from Kootenai Electric Trust! The grant will be used to purchase trade, curriculum, and independent reading books for our students!

trees in Fall, snowshoe or cross -country ski in the National Forest in winter, and clear our lot of fallen trees which we split to use as firewood, enjoy the rainy season and the vivid fresh green of the new forest floor in the Spring, etc.

Being outside with friends and family is a theme that leaves me with glorious memories and photos. It also kept me in reasonably good physical conditions as I age, allowing me to manage my blood pressure, stress from life with minor amounts of medication and sleep well. I can't imagine a world without the ability to take a walk outside in the woods frequently. I serve

on the Board of Natural Connections Academy as I believe outdoor education is critical to a good life, rich with nature experiences that lead to a curious and creative mind and a healthy body.

#### Gayle Prete, President



Choose what of our learning topics or projects you would like to support with your donation.

	Gardening
	Math Outdoor Lab
	Weather Monitoring and Data Collection Materials
	Bird and Pond Native Plant Garden
	Environmental Study and Testing Materials
	Silvaculture Study Materials
	Reading Books (supplemental and for independent reading
	General Use Donation Total Donation:
Method of Payment	
Check	Name
Bill Me	
Visa	Address
MasterCard	
American Express	
	Phone
Credit Card #	 CID Exp. date
Signature	

Natural Connections Academy, Inc.

5827 W. Conkling Rd. Worley, ID 83876

### Phone:208-428-6224 (NCAI) Email:

info@,naturalconnectionsacademy.net Website: naturalconnectionsacademy.net